



Mill Valley/Sausalito Path & Paradise Loop

Distance: 21 miles round trip

Begin/End: Mike's Bikes Sausalito

Complete  **Incomplete** 





September 17, 2010: Marin Bay Trail—Mill Valley/Sausalito Path, Paradise Loop

Ride Information:

- **Start/End Location: Mike's Bikes, One Gate 6 Road, Sausalito**
- **Start/End Time: 9:30—3:00**
- **Lunch: Paradise Beach Park, bring your own**
- **Length: 21 miles round trip**
- **Terrain: Mostly flat, some short moderate hills**
- **Type: On street with light traffic (10 miles), Class I multi-use path (11 miles)**
- **Type of bike: road, mountain, hybrid**

Description: Upon leaving Mike's Bikes in Sausalito, we will be on the Mill Valley/Sausalito Path for an easy breeze towards the Tiburon peninsula. We'll slow for some older narrower stretches of path into Strawberry, then we'll be on street with low traffic volumes for a visit to a beautiful Bay Trail spur right on the water. Back on our bikes on-street for a few more miles to the Tiburon Bay Trail, a flat multi-use path along the shoreline into town, then up and onto Paradise Drive. Paradise Drive is a popular cycling route along a narrow winding road with little to no shoulder and relatively low volumes of traffic. We will head downhill on Trestle Glen Drive and retrace our route on residential streets and on the Mill Valley/Sausalito Path to Mike's Bikes.