





October 1, 2010: Carquinez Strait Scenic Loop Trail*

Ride Information:

- **Start/End Location:** Martinez Regional Shoreline Park, Grangers' Wharf
(see www.ebparks.org/parks/martinez for directions)
- **Start/End Time:** 9:00 a.m. — 4:00 p.m.
- **Lunch:** Port Costa or Crockett
- **Length:** 27 miles round trip
- **Terrain:** Varied—flat, rolling hills, moderately steep climbs
- **Type:** On street with traffic (13 miles), Class I multi-use path (14 miles)
- **Type of bike:** road, mountain, hybrid

Description: Upon leaving Martinez Regional Shoreline Park, we'll head east toward Benicia-Martinez Bridge on a Class II bike lane with increasing traffic through an industrial area before joining the Class I path on the Bridge. Coming into Benicia, we'll alternate between bike lanes and bike routes with moderate traffic before we get onto the Class I multi-use path leading into Benicia State Recreation Area. We'll cross into Vallejo for more on-street riding and perhaps even some "hike-a-bike" up some stairs to get the best views in the County, then more on-street to the Class I path on the Carquinez Bridge, through Crockett, on-street, with moderate traffic and steep up and downhills. Approximately two miles of this end of Carquinez Scenic Drive is a narrow curving road shared with cars until we transition to the blissfully car-free segment of Carquinez Scenic Drive which features moderate slopes, a chance to chat, take in the views. As we make our way back to Martinez Regional Shoreline Park, we transition back to a short stretch of on-street riding with low traffic into Martinez.

*This will be our most challenging ride, but also among the most important. If you are not comfortable riding with traffic, or are unsure of your ability to ride 27 miles, another one of our Bay Trail rides may be more appropriate.